



# Hounslow and District Wheelers present The 53<sup>rd</sup> Ron Brown Memorial 100



## Incorporating the VTTA National 100 Mile Championship

**Timekeeper** Mrs K Collard Berry a3crg... **Assistant Timekeeper** Mr D Ashton Farnborough & Camberley C.C.  
**Assistant Timekeeper** Mrs M Golden a3crg... **Event Secretary** Mr B McMichael

**Sunday 29<sup>th</sup> May 2022**    First Rider **07:01**    Course **H100/88** Froyle

**HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB**

Hounslow & District Wheelers Awards

Fastest £100  
+ The Ron Brown Salver to hold for 1 year  
+ Engraved Hounslow Medal

2<sup>nd</sup> Fastest £50

3<sup>rd</sup> Fastest £30

Fastest Woman £100  
+ The Rolph Brambleby Trophy to hold for 1 year  
+ Engraved Hounslow Medal

2<sup>nd</sup> Fastest Woman £50

1<sup>st</sup> Vet on Standard £100  
+ The Ron Richardson Cup to hold for 1 year

2<sup>nd</sup> Vet on Standard £50

Fastest Team of Three (each) £50  
+ Engraved Hounslow Medal

'Souvenir Trevor Gilbert' £38

Rider's time the closest to 4-18-30.

Trevor would have been delighted with the fact that this year's event also includes the VTTA National 100 Mile Championship. **PLEASE JOIN US FOR THE VTTA AWARD CEREMONY AT THE HQ SHORTLY AFTER 13:00.**

We wish you all a pleasant morning's sport.

Bruce McMichael Event Secretary: 205 London Road Twickenham Middlesex TW1 1EJ  
(T) 02088916066 (M) 07503251549 (E) mcmichael.205@gmail.com

Promoted for and on behalf of Cycling Time Trials Limited under their Rules and Regulations



VTТА London & Home Counties Group

## VTТА 100 Mile Championship

The VTТА is grateful to the Hounslow & District Wheelers for allowing the promotion of the VTТА 100 Mile Championship within the historic Hounslow & District Wheelers 100 event.

**National Executive Committee Representative:** Ian Greenstreet (Newbury Velo)

### Championship Awards

**Awarded on Standard**

**Overall Champion:** Doug Brunwin Memorial Silver

**Male and Female Champion:** Gold Medal, Champion's Jersey & Cap (Each)

**2nd Place (Male and Female):** Silver Medal (Each)

**3rd Place (Male and Female):** Bronze Medal (Each)

**First Club Team of Three:** Gold Medals

**First Group Team of Three:** Gold Medals

**First Tandem Pair:** Gold Medals

Championship medals and jerseys will be presented after the event. All VTТА award winners will be invited to the national awards presentation in January 2023.



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**Sunday 29<sup>th</sup> May 2022** First Rider **07:01** Course **H100/88** Froyle

Bib	start	first	lastname	club or team	cat	age
1	07:01	Norman	Harvey	Sotonia CC TANDEM TRIKE	V	89
		Mary	Corbett	Sotonia CC TANDEM TRIKE	V	64
3	07:03	Harry	Cowley	Chester RC	V	74
4	07:04	Stuart	Barrow	Southampton Triathlon Club	V	50
5	07:05	Howard	Waller	Python RT	V	57
6	07:06	James	Harris	Catford CC Ltd	V	43
7	<del>07:07</del>	<del>Kate</del>	<del>Kelland [W]</del>	<del>High Wycombe CC</del> <b>DNS (Apol)</b>	V	52
8	07:08	Peter	Horsfield	Redmon CC	V	71
9	07:09	Kirsty	Wheeler [W]	Maidenhead CC	S	38
10	07:10	Paul	Winchcombe	Chippenham & District Wheelers	V	62
11	07:11	Martin	Brown	7Oaks Tri Club	V	61
12	07:12	Tony	Reeves	GS Stella	V	50
13	07:13	Gavin	Hughes	Kingston Phoenix RC	V	55
14	07:14	Rachel	Waite [W]	North Hampshire RC	V	42
15	07:15	Daniel	Kempe	Bristol South Cycling Club	V	56
16	07:16	Keith	Garbutt	South Western Road Club	V	55
17	07:17	Ian	Neville	Hart Evolution Race Team	V	60
18	07:18	Peter	Tomlin	North Hampshire RC	V	65
19	07:19	John J	Murphy	Gloucester City Cycling Club	V	82
20	07:20	Adrian	Blacker	VTTA (Surrey/ Sussex)	V	58
21	07:21	Michael	Parker	TMG Horizon Cycling Team	V	57
23	07:23	Ed	Tarelli	Race Hub	V	50
22	07:22	George	Turner	VTTA (London & Home Counties)	V	43
24	07:24	Danny	Isaacs	Willesden Triathlon Club	S	35
25	07:25	Pete	Christensen	Hart Evolution Race Team	V	41
26	07:26	Mark	Dearden	Didcot Phoenix CC	V	56
27	07:27	Daryl	Stroud	Gloucester City Cycling Club	V	57
28	07:28	Michelle	Walter [W]	Bournemouth Arrow CC	V	61
29	07:29	Cliff	Voller	Newbury RC	V	71
30	07:30	Sven	Sabas	Rapha Cycling Club	S	30
31	07:31	Andy	Critchlow	Norwood Paragon CC	V	48
32	07:32	Daniel	Thompson	Hillingdon Triathletes	S	34
33	07:33	Lisa	Davis [W]	DRAG2ZERO	V	47
34	07:34	Tom	Robertson	VC Godalming & Haslemere	V	41
35	07:35	James	Wood	West Suffolk Wheelers	V	59
36	07:36	Luke	Smith	Bristol South Cycling Club	V	53
37	07:37	Kate	Bradley [W]	Born to Bike - Bridgtown Cycles	V	44
38	07:38	Barrie	Whittaker	Lyme Racing Club	V	65
39	07:39	Paul	Tunnell	Addiscombe CC	V	61
40	07:40	Joanna	Cebrat [W]	Bury Clarion CC	V	43



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Bib	start	first	lastname	club or team	cat	age
41	07:41	Marianne	Holt [W]	Fareham Wheelers CC	V	41
42	07:42	Emma	O'Toole [W]	NopinZ Motip Race Team	S	29
43	07:43	Andrew	Simpkins	Team Echelon	V	68
44	07:44	Stephen	Wilkinson	TWB - On Time Race Team	V	56
45	07:45	Lee	Williams	North Hampshire RC	S	37
46	07:46	Gabe	Dellar	Southampton University Road CC	Esp	21
47	07:47	Angela	Carpenter [W]	...a3crg	V	53
48	07:48	Mat	Wilson	VTTA (London & Home Counties)	V	43
49	07:49	Naomi	Shinkins [W]	Bournemouth Jubilee Whs	S	39
50	07:50	Ross	Holland	Saint Piran	S	24
51	07:51	Tom	Lane	North Hampshire RC	S	31
52	07:52	Lizi	Brooke [W]	Wahoo Endurance Zone p/b Le Col	S	32
53	07:53	Paul	James	Didcot Phoenix CC	V	49
54	07:54	Christian	Geldard	North Hampshire RC	V	47
55	07:55	Henrik	Persson	FTP Race Team	S	38
56	07:56	Pete	Dyson	East London Velo	S	32
57	07:57	Ian	Greenstreet	Newbury Velo TANDEM	V	58
		Rachael	Elliott [W]	Newbury Velo TANDEM	V	44
58	07:58	Sam	Barley	AS Test Team	S	31
59	07:59	Ray	Sullivan	Metropolitan Police Cycle Club	V	55
60	08:00	Liam	Maybank	Twickenham CC	V	50
61	08:01	Paul	Burton	Paceline RT	V	40
62	08:02	Liam	Somerville	...a3crg	S	36
63	08:03	Robin	Short	Cotswold Veldrijden	V	46
64	08:04	Philip	Jones	Peterborough CC	V	63
65	08:05	Darren	Yarwood	Chapeau! Vive Le Velo	V	48
66	08:06	Jon	Woolrich	Velo Sport Jersey	V	41
67	08:07	Kevin	Baker	Velo Club St Raphael	V	40
68	08:08	Gary	Lock	New Forest CC	V	44
69	08:09	Dean	Lubin	Team Vision Racing - Silverhook	V	52
70	08:10	Tim	McEvoy	FTP Race Team	V	43
71	08:11	David	Shepherd	...a3crg	V	61
72	08:12	Nick	Jones	Bournemouth Jubilee Whs	V	46
73	08:13	Mark	Bashford	East Grinstead CC	S	38
74	08:14	Darren	Anderson	Fareham Wheelers CC	V	48
75	08:15	Ronnie	Stone	Regents Park Rouleurs	V	49
76	08:16	Nick	Richards	GS Mossa	S	28
77	08:17	Mark	Sanders	Mid Devon CC	V	63
78	08:18	William	Sawyer	Velo Club St Raphael	V	57
79	08:19	Roger	Sheridan	North Devon Velo	V	61
80	08:20	Mark	Smith	Crawley Wheelers	V	48



# Hounslow and District Wheelers' Ron Brown Memorial 100:

## Course Details : H100/88 : A31 Froyle, Farnham, Chawton .

**Start** at a point adjacent to TP39 next to a telephone box situated in the slip road from Upper Froyle just east of the 'Hen and Chickens Inn' public house. Proceed eastwards for 135 yards to the junction with the A31. Join the A.31 (M1) (great care) and proceed via the Bentley by-pass to the Coxbridge roundabout at the junction with the A325. (M2) **(1st turn)** 5.127 miles. - Circle the roundabout (M3, M4) (Check) and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side (M5) 12.240 miles. - Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) (M6) **(2nd turn)** 15.182 miles. - Circle the roundabout (M7, M8) (Check) and take the fourth exit (M9) to rejoin the A31 north-eastwards to the Holybourne roundabout (M10) (LP20) 18.228 miles. - Avoid the first exit left. Take the second exit (M11) and still on the A31 to go past the 'Hen and Chickens Inn to complete the 1st circuit. 20.181 miles

*Proceed as follows to begin **START OF SECOND CIRCUIT.** Keep on the A31 to the Coxbridge roundabout at the junction with the A325. **(3<sup>rd</sup> turn)** 25.308 miles. Circle the roundabout and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side. 32.421 miles. Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) **(4<sup>th</sup> turn)** 35.363 miles. - Circle the roundabout and take the fourth exit to rejoin the A31 north-eastwards to the Holybourne roundabout 38.409 miles. Avoid the first exit left. Take the second exit and still on the A31 to go past the 'Hen and Chickens Inn to complete the 2nd circuit. 40.362 miles*

*Begin **START OF THIRD CIRCUIT. Repeat the instructions as above for SECOND CIRCUIT** incorporating the **(5<sup>th</sup> turn)** 45.489 miles and the **(6<sup>th</sup> turn)** 55.544 miles to then go past the 'Hen and Chickens Inn to complete the 3<sup>rd</sup> circuit at 60.543 miles.*

*Begin **START OF FORTH CIRCUIT. Repeat the instructions as above for SECOND CIRCUIT** incorporating the **(7<sup>th</sup> turn)** 65.670 miles and the **(8<sup>th</sup> turn)** 75.725 miles to then go past the 'Hen and Chickens Inn to complete the 4<sup>th</sup> circuit at 80.724 miles.*

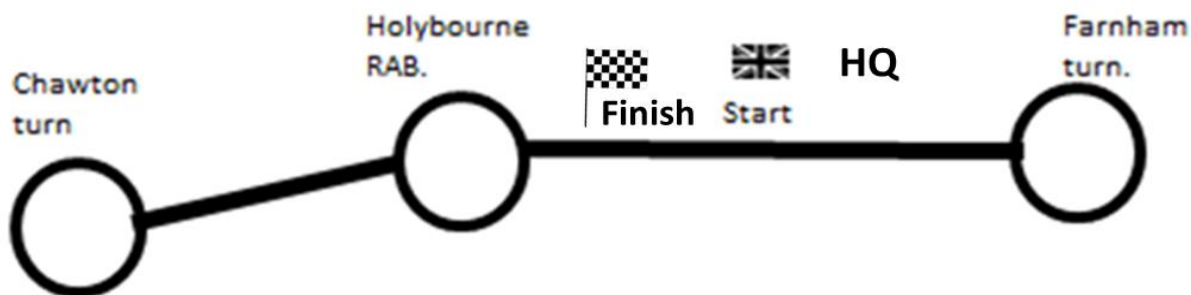
*Proceed as follows to begin **START OF FIFTH CIRCUIT.** Keep on the A31 to the Coxbridge roundabout at the junction with the A325. **(9<sup>th</sup> turn)** 85.851 miles. Circle the roundabout and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side. 92.964 miles. - Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) **(10<sup>th</sup> turn)** 95.906 miles. - Circle the roundabout and take the fourth exit to rejoin the A31 north-eastwards to the Holybourne roundabout 98.952 miles. Avoid the first exit left. Take the second exit and still on the A31 to go to the centre of the second (smaller) overhead power lines across the A31 opposite the entrance to the Veolia site entrance. 100.00 miles **Finish***





## LOCAL REGULATIONS applicable to the H100/88 course.

- **Shoulder numbers** must be prominently displayed on the **LEFT ARM**.
- **Any rider seen crossing the central reservation**, before, during or after the event, except at one of the specific breaks in the reservation made for that purpose may be disqualified and will be reported to the London West DC.
- **Any rider seen steering using their tribars**, when entering, navigating and exiting any part of the Coxbridge (Farnham) roundabout may be disqualified, and will be reported to the London West DC.
- **In the interests of your safety** you must use the **widest part** of your handlebars.



**No competitor will be permitted to start**, unless the competitor has **both** a **working rear red light**, affixed to the rear of their machine and a **working front white light**, affixed to the front of their machine. Both lights must be illuminated, either flashing or constant, and in a position that is **clearly visible to other road users**.

**All competitors must wear a properly affixed helmet** which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider to:

- (a) Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing.
- (b) Ensure that the helmet is properly fitted, is undamaged and in good condition.



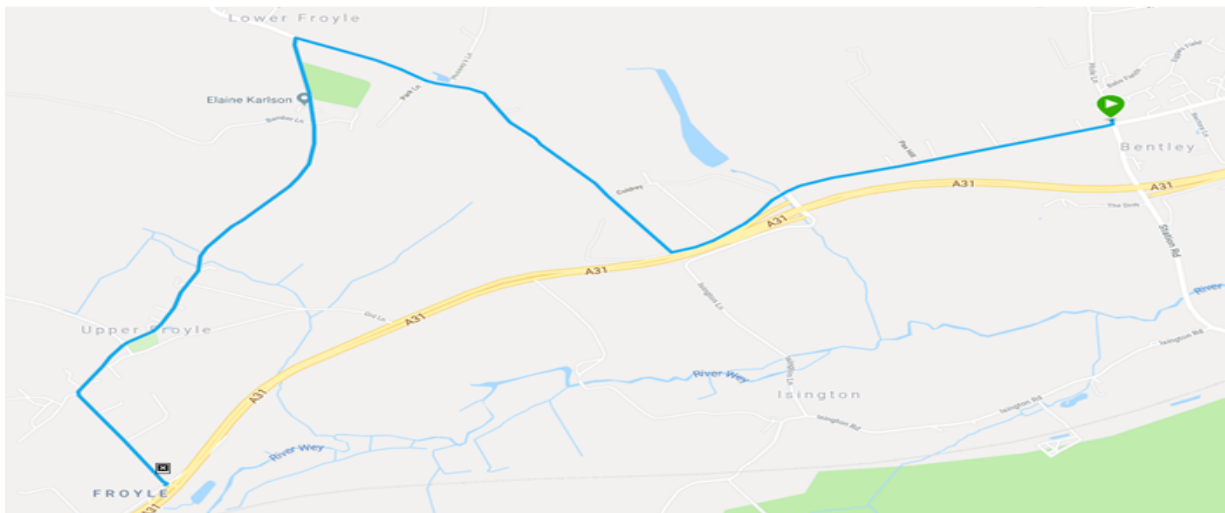
# Getting to the START

**Getting to the start is a hilly 3.29 Miles + 174 feet of climbing (Allow 15 minutes riding time):**

The start is a few yards from the Hen and Chickens P.H. the post code of which is **GU34 4JH**.

Note this is **not** the post code of the HQ

1. From the HQ hall: Turn right at at the cross-roads in south westerly direction.
2. Go past Islington Lane (0.6 miles).  
Do not go to the start, or warm up, on the A31, as this may obstruct any earlier riders. You will also be on the Wrong side of the A31 from the start.
3. (0.91 miles) Follow the road up hill to the right into Lower Froye, past the Anchor Inn (1.3 miles)
4. Continue as far as a red brick house with a thatched roof and turn left (1.85 miles).
5. Long brick wall + new housing estate then sharp left turn at 2.98 miles. Down hill to the start 3.29 miles.

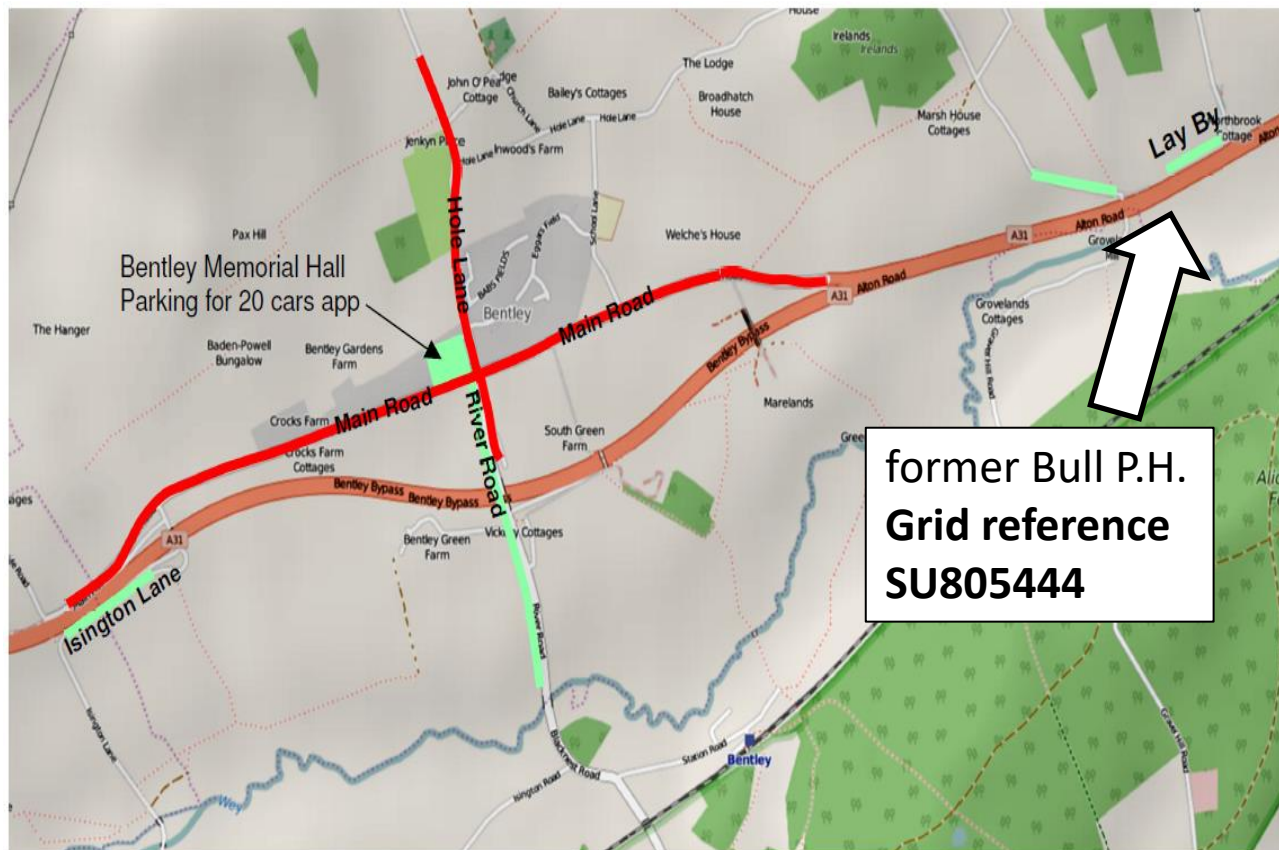




# EVENT PARKING

## LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate



Headquarters: **GU10 5NB** Bentley Memorial Hall.

- **NO turbo-training in the car park**  
You must be at least 50 metres **SOUTH** of the crossroads.
- Numbers and signing on will be **at the Headquarters.**





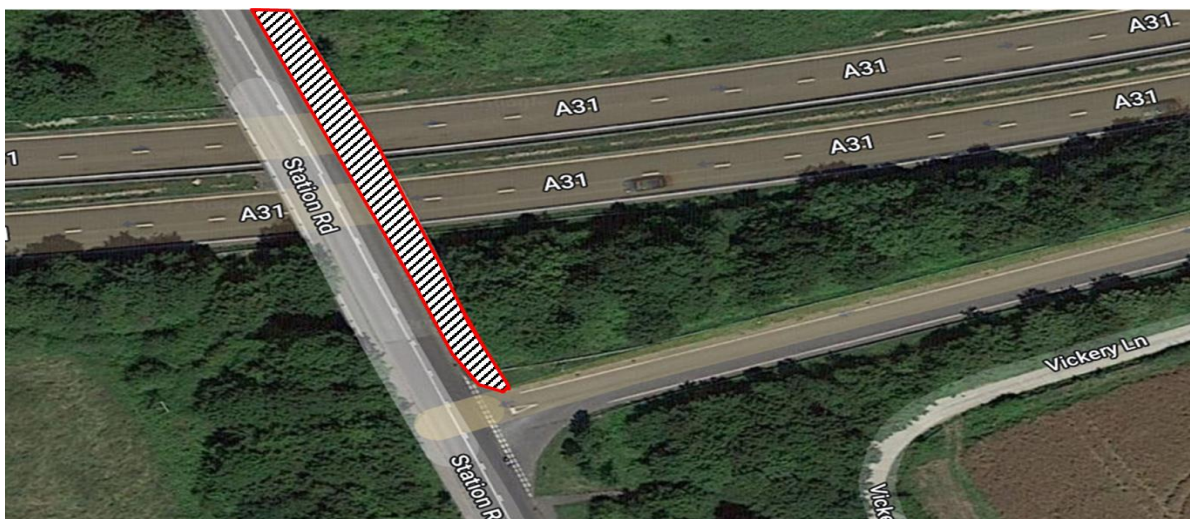
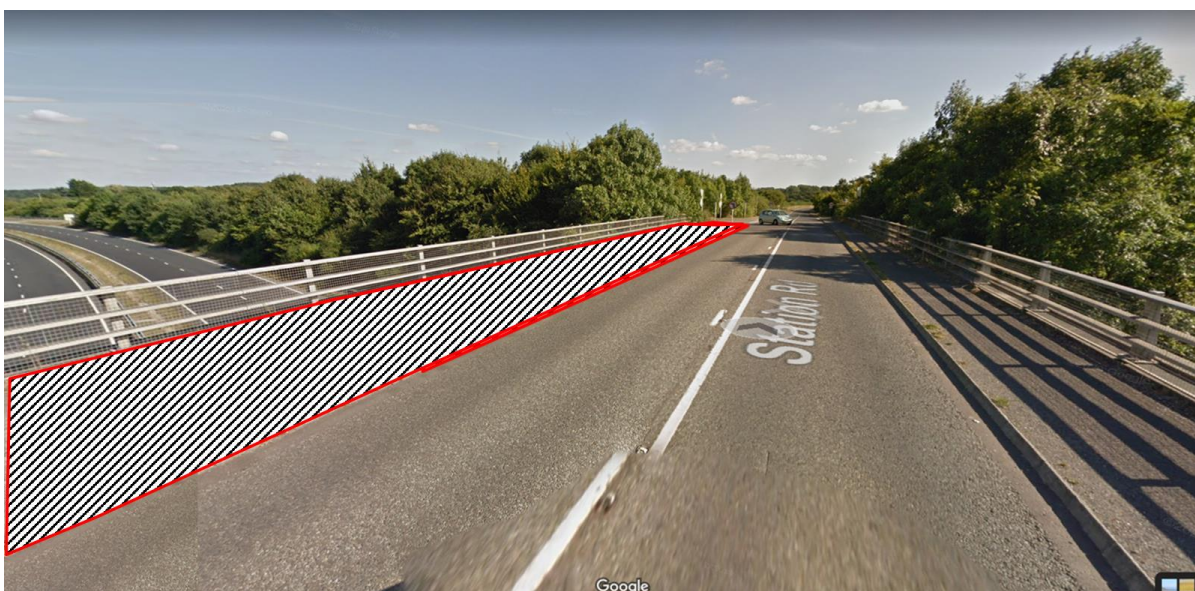
# Hounslow and District Wheelers' Ron Brown Memorial 100:

## EVENT PARKING

In 2019 several competitors' cars were parked at **this location** resulting in a complaint to the Village Hall and the risk of losing the HQ. Drivers' vision (turning right off the A31 slip road) was obscured

No parking **anywhere** on the bridge please.

If not sure, **park at the lay by** near the former Bull P.H.  
**Grid reference SU805444**



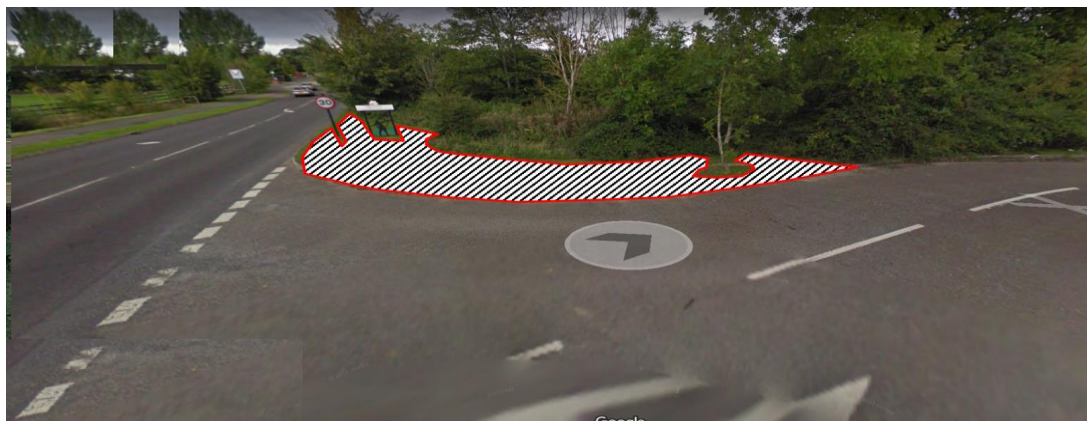
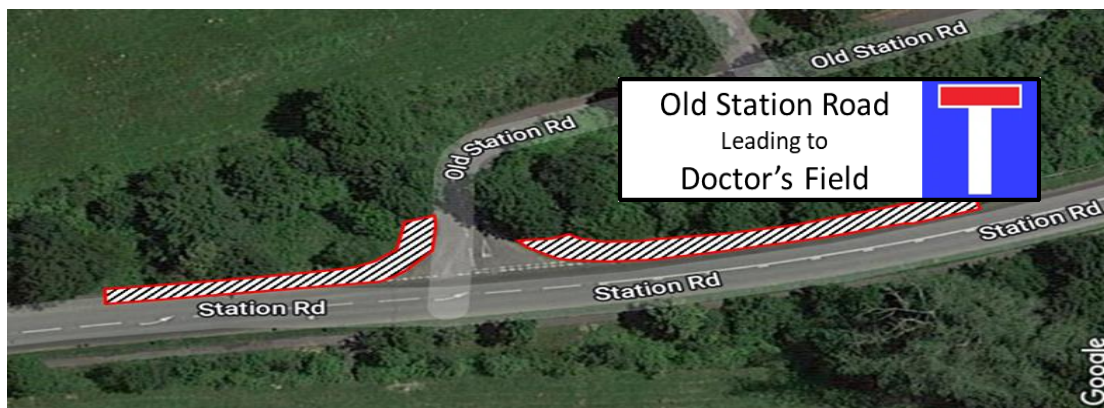




# Hounslow and District Wheelers' Ron Brown Memorial 100: EVENT PARKING

In 2021 a single competitor's car was parked at **this location** resulting in a complaint to the Village Hall and the risk of losing the HQ.

No parking **anywhere** on the left hand side of Station Road please.





**Registration Form** for a vehicle to assist with a competitor's **reasonable** feeding and other requirements **as provided for in the Regulations.**

Title of Event:  **Hounslow 100**

Date of Event: **Sunday 29th May 2022**

Name of Competitor: \_\_\_\_\_

Competitor's Club: \_\_\_\_\_

Competitor's Number: \_\_\_\_\_

A motor vehicle, make, model number and colour: \_\_\_\_\_

Registration Number: \_\_\_\_\_

Will be used to assist the above named competitor while taking part in the event as described above.

**The name(s) of the driver(s) of the vehicle will be as follows:-**

Driver(s): \_\_\_\_\_

**NOTE**

THE COMPLETION OF THIS FORM DOES NOT PERMIT YOUR HELPERS TO FOLLOW YOU ALONG THE COURSE.

THEY MAY PASS AT INTERVALS OF NOT LESS THAN 10 MILES

Completed forms must be lodged with the Event Secretary not later than the start time of the competitor.



Hounslow and District Wheelers' Ron Brown Memorial 100:

# **This event may be subject to a Doping Control**

**It is your responsibility to check**

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that you comply**

If required you must report to Doping Control after finishing without delay

